AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER EDUCATION FOR WOMEN

Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD [now MoE]
Re-accredited with an 'A++' Grade by NAAC CGPA 3.65/4, Category I by UGC
Coimbatore - 641 043, Tamil Nadu, India

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS

DIET CLINIC

ABOUT OUR DIET CLINIC

The Department of Food Service Management and Dietetics has been offering a dedicated Diet Clinic to support the health and well-being of individuals in the community. The primary goal of this service is to help people achieve and maintain optimum health through personalized nutrition care and education.

COUNSELLING OFFERED

- Diabetes & Gestational Diabetes
- Cardiovascular Health
- Hypertension (High Blood Pressure)
- Respiratory Disorders
- Anaemia & Vitamin Deficiencies
- Protein-Energy Malnutrition
- Obesity & Underweight
- Pregnancy & Lactation Nutrition
- PCOD / PCOS
- Kidney Disorders
- Gastrointestinal Disorders
- Children with Special Needs
- Geriatric Nutrition & Care
- Fever
- Food Allergies

SERVICES OFFERED

DIET COUNSELING

Personalized diet counseling services are available both online and offline.

ANTHROPOMETRIC ASSESSMENTS

Assessment of body weight, height, body mass index (BMI), waist circumference, hip circumference and waist-hip ratio (WHR).

HEALTH PARAMETERS

Measurement of health indicators like hemoglobin, blood glucose, blood pressure, body temperature, and oxygen saturation.

EDUCATION & LIFESTYLE SUPPORT

Demonstrations, physical activity sessions, educational videos, and counseling using ICT tools for better disease management and well-being.

PERSONALIZED DIET PLANS

Customized diet plans and diet charts are provided for effective follow-up.

FOLLOW-UP & SUPPORT

Follow-up consultations and support through Google Meet, e-mail, or personal visits to the clinic.

CHARGES

Services	Charges (Rs.) (including 18% GST)		
	I UG	Other UG, PG & Non-Teaching Staff	Faculty & Others
Diet Counselling	30	60	120
Blood Sugar Test	25/test strip		
Hemoglobin Test	35/test strip		

For any queries, contact
dietclinic@avinuty.ac.in
97877 33663
98946 25050

Co-ordinator: Dr. S. Uma Mageshwari
Co- co-ordinator: Dr. R. Radha

Scan to Pay

Avinashilingam Institute for Home Science and Higher Education for Women

Diet Clinic Centre

Department of Food Service Management and Dietetics

Scan to Register

Name	:		**Student Roll No. / Employee No.**	:
Category	:	Student/Faculty/Non-Teaching/ Others (Both Online and Offline)	**Contact Number**	:
Bill Address	:		**Email**	:

Diet Counselling and Other Service Charges **Date:**

Category	**Charges (Rs.) (including 18% GST)**			**Total (Rs.)**
	I UG	**Other UG, PG & Non-Teaching Staff**	**Faculty & Others**	
Diet Counselling	30	60	120	
Other Services				
Estimation of Blood Glucose	25/test strip			
Estimation of Haemoglobin	35/test strip			

To pay Rupees ……

Co- Co-ordinator
Dr. R. Radha

Co-ordinator
Dr. S. Uma Mageshwari

Online Payment Details: ***The Registrar, SB A/C: 6059667020, INDIAN BANK, ADUC BRANCH, IFSC: IDIB000A005***

*****Kindly Note: Diet Counselling and Diet charts are personalised and hence it cannot be used for all in general*****